## Effective Generic Medications for Common Medical Conditions

The following is a list of generic and brand-name medications to treat common medical conditions. By choosing to use a generic medication when possible, you can save money. It's important to know that generic drugs are the equivalent to their brand-name counterparts in safety, quality and performance, and are usually subject to a lower copay or coinsurance. Talk with your doctor to learn whether there's an effective generic option that's right for you. Please note the following:

- ↓ indicates a new generic; price is expected to decline
- (NF) indicates a nonformulary drug; formulary drugs should be considered first
- (PA) indicates prior authorization is required
- (ST) indicates step therapy is required
- (OTC) indicates the drug is available in an over-the-counter formulation; this can be an effective and less expensive alternative to using your pharmacy benefit

Prescriptions are listed with an average pricing per prescription, per month. Pharmacy price may vary; best prices are available through a Providence Preferred Pharmacy. Please refer to the Providence Health Plan website for a list of Providence Preferred Pharmacies.

$4 generic prescriptions may be available; ask your pharmacist.

Please refer to the Providence formulary for a complete list of covered medications.

### ALLERGIES

**Effective Generic Options**

- Cetirizine (Zyrtec®)
- Loratadine (Claritin®)
- Ketotifen Eye Drops (OTC)
- Montelukast (Singulair®)

**Expensive Brand Choices**

- Fexofenadine (Allegra®)
- Ketotifen Eye Drops (OTC)

### ANXIETY/DEPRESSION

**Effective Generic Options**

- Citalopram (Celexa®)
- Dextroamphetamine (Adderall®)
- Dextroamphetamine ER
- Dextroamphetamine (Adderall XR®)

**Expensive Brand Choices**

- Memprolix (Press yet®)
- Memprolix (Previom®)

### ARTHRITIS/INFLAMMATORY PAIN

**Effective Generic Options**

- Ibuprofen (Motrin®)
- Meloxicam (Mobic®)
- Naproxen (Anaprox®)
- Sulindac (Clinoril®)
- Celecoxib (Celebrex®)

**Expensive Brand Choice**

- Celebrex® (PA)

### ARTHRITIS/INFLAMMATORY PAIN

**Effective Generic Options**

- Celecoxib (Celebrex®)

Visit [www.providence.org/php/pharmacy](http://www.providence.org/php/pharmacy) for the formulary and additional pharmacy resources.

### ATTENTION DEFICIT–HYPERACTIVITY

**Effective Generic Options**

- Methylenidate SR (Ritalin SR®)
- Dextroamphetamine (Adderall®)

**Expensive Brand Choices**

- Metadate CD® (NF)

### CHOLESTEROL

**Effective Generic Options**

- Lovastatin (Mevacor®)
- Pravastatin (Pravachol®)
- Simvastatin (Zocor®)

**Expensive Brand Choices**

- Lipitor® (ST)

### DIABETES

**Effective Generic Options**

- Metformin (Glucophage®)
- Sulfonylureas

**Expensive Brand Choices**

- Januvia® (PA)

### DIABETES (CONT.)

**Effective Generic Options**

- Metformin XR (Glucophage XR®)
- Gliclazide (Mov彤®)

**Expensive Brand Choices**

- Onglyza® (PA)

### HIGH BLOOD PRESSURE/HEART

**Beta Blockers**

**Effective Generic Options**

- Atenolol (Tenormin®)

**Expensive Brand Choices**

- Tenormin (ST)

### Calcium Channel Blockers

**Effective Generic Options**

- Verapamil (Calan®)

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### HIGH BLOOD PRESSURE/HEART

**Renin System Inhibitors (ACE-I, ARB, others)**

**Effective Generic Options**
- Benazepril (Lotensin®) $4
- Enalapril (Vasotec®) $4
- Lisinopril (Zestril®) $4
- Ramipril (Altace®) $8
- Fosinopril (Monopril®) $9
- Moexipril (Univasc®) $21
- Trandolapril (Mavik®) $32
- Losartan (Cozaar®) $511

**Expensive Brand Choices**
- Atacand® (NF) $74
- Avapro® (NF) $74
- Benicar® (NF) $74
- Diovan® $80
- Micardis® (NF) $80
- Tekturna® (NF, PA) $84
- Teveten® (NF) $93

**Centrally Acting**

**Effective Generic Options**
- Clonidine (Catapres®) $4
- Guanfacine (Tenex®) $13
- Clonidine Patch (Catapres-TTS®) $1761

**Diuretic**

**Effective Generic Options**
- Chlorothalidone (Hygroton®) $4
- Furosemide (Lasix®) $4
- Hydrochlorothiazide (Oretic®) $4
- Torsemide (Demadex®) $24

**Combination Medications**

**Effective Generic Options**
- Atenolol/Chlorthalidone (Tenoretic®) $4
- Bisoprolol/HCT (Ziac®) $4
- Lisinopril/HCT (Zestoretic®) $4
- Spirino-lactone/HCT (Aldactazide®) $11
- Metoprolol/HCT (Lopressor HCT®) $30
- Losartan/HCT (Hyzaar®) $591
- Amlodipine/Benazepril (Lotel®) $631

**Expensive Brand Choices**
- Valturna® (NF, PA) $88
- Diovan HCT™ $91
- Exforge® (NF, PA) $105

**HORMONE REPLACEMENT THERAPY**

**Effective Generic Options**
- Estradiol ( Estrace®) $4
- Estrioprate (Ogen®) $4
- Medroxyprogesterone (Provera®) $4
- Estradiol/Norethindrone (ActivaVell®) $43
- Estradiol Patch (Climara®) $53
- Norethindrone (Micronor®) $56

**Expensive Brand Choices**
- Premarin® $48
- Vivelle-Dot® $55
- Prempro® $61
- FemHRT® (NF) $63

### INSOMNIA

**Effective Generic Options**
- Trazodone (Desyrel®) $4
- Zolpidem (Ambien®) $8
- Zaleplon (Sonata®) $12
- Temazepam (Restoril®) $15
- Estazolam (Prosom®) $22

**Expensive Brand Choices**

### MIGRAINE

**Effective Generic Options**

- **Migraine relief**
  - Butalbital/APAP/Caffeine $16
  - Sumatriptan Oral (Imitrex®) $261
  - Ergotamine/Caffeine (Cafergot®) $28
  - Naratriptan (Amerge®) $1401
  - Sumatriptan Nasal Spray (Imitrex®) $1621
  - Sumatriptan Injectable (Imitrex®) $2401

- **Migraine prevention**
  - Amitriptyline (Elavil®) $4
  - Propranolol (Inderal®) $4
  - Verapamil (Calan®) $4
  - Divalproex Sodium (Depakote®) $39

**NERVE PAIN**

**Effective Generic Options**
- Amitriptyline (Elavil®) $4
- Carbamazepine (Tegretol®) $4
- Nortriptyline (Pamelor®) $4
- Gabapentin (Neurontin®) $18
- Desipramine (Norpramin®) $53

**Expensive Brand Choices**
- Savella® (PA) $114
- Lyrica® (PA) $167
- Cymbalta® (PA) $173

### OSTEOPOROSIS

**Effective Generic Options**
- Alendronate Daily (Fosamax®) $8
- Alendronate Weekly (Fosamax®) $8

**Expensive Brand Choices**
- Actonel Weekly® (ST) $105
- Actonel Monthly® (NF, PA) $109
- Boniva® (NF) $109
- Forteo® (PA) $882

### MODERATE TO SEVERE PAIN

**Effective Generic Options**

- **Short-acting (10-day cost)**
  - Codeine/APAP (Tylenol #3®) $12
  - Hydrocodone/APAP (Vicodin®) $12
  - Oxycodone/APAP (Percocet®) $12
  - Morphine IR $15
  - Tramadol (Ultram®) $15
  - Hydromorphone (Dilaudid®) $22
  - Oxycodone (Roxicodone®) $22

- **Long-acting (30-day cost)**
  - Methadone (Dolophine®) $15
  - Morphine ER (MS Contin®) $53
  - Morphine SR (Oramorph SR®) $76
  - Tramadol ER (Ultram ER®) $1341
  - Fentanyl Patch (Duragesic®) $220

**Expensive Brand Choices**
- Ryzolt® (NF, PA) $204
- Embeda® (NF, PA) $220
- Nucynta® (NF, PA) $256
- Avinza® (NF, PA) $311
- Oxycontin® (PA) $465
- Opana ER® (NF, PA) $490

### URINARY DIFFICULTIES/INCONTINENCE

**Effective Generic Options**
- Oxybutynin ( Ditropan®) $4
- Oxybutynin ER (Ditropan XL®) $47

**Expensive Brand Choices**
- Toviaz® (NF, PA) $114
- Detrol LA® $121
- Vesicare® (NF, PA) $132
- Oxytrol Patch® $151

### STOMACH ACID SUPPRESSION

**Effective OTC Options**
- Famotidine 10 mg, 20 mg (Pepcid AC®) $4
- Ranitidine 75 mg, 150 mg (Zantac®) $4
- Omeprazole, tablet (Prilosec OTC®) $14
- Prevacid 24 Hour® $24

**Effective Generic Options**
- Famotidine 40 mg (Pepcid®) $4
- Ranitidine 300 mg (Zantac®) $4
- Omeprazole, caplet (Prilosec®) $14
- Lansoprazole 30 mg (Prevacid®) $73

**Expensive Brand Choices**
- Dexilant® (NF, PA) $106
- Pantoprazole (Protonix®/PA) $117
- Protonix® (PA) $150
- Nexium® (NF, PA) $189
- Aciphex® (NF, PA) $226

### SKIN CONDITIONS

**Effective Generic Options**

- **Low Potency**
  - Hydrocortisone 2.5% $8
  - Triamcinolone Acetonide (Aristocort®) 0.025% $8

- **Medium Potency**
  - Betamethasone Valerate (Beta-Val®) 0.1% $8
  - Triamcinolone Acetonide (Aristocort®) 0.1% $8

- **High Potency**
  - Betamethasone Dipropionate (Diprolene®) 0.05% $11
  - Triamcinolone Acetonide (Aristocort A®) 0.5% $11

**Expensive Brand Choices**
- Elidel® (PA) $137
- Protopic® (PA) $166

### BENIGN PROSTATE HYPERTROPHY

**Effective Generic Options**
- Terazosin (Hytrin®) $8
- Prazosin (Minipress®) $19
- Finasteride (Proscar®) $20
- Tamsulosin (Flomax®) $931
- Tropism (Sanctura®) TBD

**Expensive Brand Choices**
- Cardura XL® (NF, PA) $85
- Rapaflo® (NF, PA) $99

*(Last updated 2/2011)*

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