**Summary of Benefits and Coverage:** What this Plan Covers & What You Pay For Covered Services

**Providence Health & Services: HRA Medical Plan**

**Coverage Period:** 01/01/2019 - 12/31/2019

**Coverage for:** Subscriber+Dependents | **Plan Type:** PPO

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The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [www.ProvidenceHealthPlan.com/phs-employees](http://www.ProvidenceHealthPlan.com/phs-employees). For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary) or call 1-800-878-4445 to request a copy.

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**Important Questions** | **Answers** | **Why This Matters:**
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What is the overall **deductible**? | In-Network: $1,150/per person $2,300/per family Out-of-Network: $2,300/per person $4,600/per family | Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.

Are there services covered before you meet your **deductible**? | Yes. Office visits, most preventive care, emergency and urgent care services. | This plan covers some items and services even if you haven’t yet met the annual deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at [https://www.healthcare.gov/coverage/preventive-care-benefits/](https://www.healthcare.gov/coverage/preventive-care-benefits/).

Are there other **deductibles** for specific services? | No. | You don’t have to meet deductibles for specific services.

What is the **out-of-pocket limit** for this **plan**? | In-Network: $3,300/per person $6,600/per family Out-of-Network: $6,600/per person $13,200/per family | The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.

What is not included in the **out-of-pocket limit**? | Premiums; penalties; your costs for Supplemental Benefits; services not covered; balance-billed charges. | Even though you pay these expenses, they don’t count toward the out–of–pocket limit.

Will you pay less if you use a **network provider**? | Yes. For a list of participating providers see [www.Providence HealthPlan.com/phs-employees](http://www.Providence HealthPlan.com/phs-employees) or call 1-800-878-4445. | This plan uses a provider network. You will pay less if you use a provider in the plan’s network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (a balance bill). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.

Do you need a **referral** to see a **specialist**? | No. | You can see the specialist you choose without a referral.

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revised 6/01/2019, effective 8/01/2019
All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

<table>
<thead>
<tr>
<th>Common Medical Event</th>
<th>Services You May Need</th>
<th>Providence-Swedish Health Alliance Provider (You will pay the least)</th>
<th>In-Network Provider</th>
<th>Out-of-Network Provider (You will pay the most)</th>
<th>Limitations, Exceptions, &amp; Other Important Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>If you visit a health care provider's office or clinic</td>
<td>Primary care visit to treat an injury or illness</td>
<td>$20 copay/visit</td>
<td>$20 copay/visit</td>
<td>50% co-insurance</td>
<td>Deductible does not apply in-network. Some services such as lab and x-ray will include additional member costs.</td>
</tr>
<tr>
<td></td>
<td>Specialist visit</td>
<td>10% co-insurance</td>
<td>20% co-insurance</td>
<td>50% co-insurance</td>
<td>Some services such as lab and x-ray will include additional member costs. See <a href="http://providencehealthplan.com/phs-employees">providencehealthplan.com/phs-employees</a>.</td>
</tr>
<tr>
<td></td>
<td>Preventive care/screening/immunization</td>
<td>No charge</td>
<td>No charge</td>
<td>50% co-insurance</td>
<td>Deductible does not apply in-network. Some preventive services will include additional member costs.</td>
</tr>
<tr>
<td>If you have a test</td>
<td>Diagnostic test (x-ray, blood work)</td>
<td>20% co-insurance</td>
<td>20% co-insurance</td>
<td>50% co-insurance</td>
<td>None</td>
</tr>
<tr>
<td></td>
<td>Imaging (CT/PET scans, MRIs)</td>
<td>20% co-insurance</td>
<td>20% co-insurance</td>
<td>50% co-insurance</td>
<td>Prior authorization required.</td>
</tr>
<tr>
<td>If you need drugs to treat your illness or condition</td>
<td>Preventive drugs: Generic and Formulary Brand-name</td>
<td>No charge</td>
<td>No charge</td>
<td>Not covered</td>
<td>Deductible does not apply to Safe Harbor drugs. Deductible does not apply to Preventive or Generic drugs. Formulary, Non-formulary brand name and Specialty drugs: max $150 co-insurance per 30-day supply. Covers up to a 30-day supply (retail); 90-day supply (mail-order). Prior authorization may apply. Specialty drugs can only be purchased at a participating specialty pharmacy.</td>
</tr>
<tr>
<td></td>
<td>Generic drugs</td>
<td>$10 copay retail $30 copay mail order</td>
<td>$10 copay retail $30 copay mail order</td>
<td>Not covered</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Formulary brand-name drugs</td>
<td>20% co-insurance</td>
<td>30% co-insurance</td>
<td>Not covered</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Non-formulary brand-name drugs</td>
<td>40% co-insurance</td>
<td>50% co-insurance</td>
<td>Not covered</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Specialty drug</td>
<td>20% co-insurance</td>
<td>20% co-insurance</td>
<td>Not covered</td>
<td></td>
</tr>
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</tr>
<tr>
<td>If you have outpatient surgery</td>
<td>Facility fee (e.g., ambulatory surgery center)</td>
<td>10% co-insurance</td>
<td>25% co-insurance</td>
<td>50% co-insurance or no coverage for some facilities</td>
<td>Prior authorization required.</td>
</tr>
<tr>
<td></td>
<td>Physician/surgeon fees</td>
<td>10% co-insurance</td>
<td>20% co-insurance</td>
<td>50% co-insurance</td>
<td>Prior authorization required. See providencehealthplan.com/phs-employees.</td>
</tr>
<tr>
<td>If you need immediate medical attention</td>
<td><strong>Emergency room care</strong></td>
<td>$250 copay</td>
<td>$250 copay</td>
<td>$250 copay</td>
<td>Deductible does not apply. If admitted to hospital, copay not applied. All services subject to inpatient benefits.</td>
</tr>
<tr>
<td></td>
<td><strong>Emergency medical transportation</strong></td>
<td>20% co-insurance</td>
<td>20% co-insurance</td>
<td>20% co-insurance</td>
<td>To the nearest appropriate facility.</td>
</tr>
<tr>
<td></td>
<td><strong>Urgent care</strong></td>
<td>10% co-insurance</td>
<td>20% co-insurance</td>
<td>50% co-insurance</td>
<td>Some services will incur additional member costs. See providencehealthplan.com/phs-employees.</td>
</tr>
<tr>
<td>If you have a hospital stay</td>
<td>Facility fee (e.g., hospital room)</td>
<td>10% co-insurance</td>
<td>25% co-insurance</td>
<td>50% co-insurance</td>
<td>Prior authorization required.</td>
</tr>
<tr>
<td></td>
<td>Physician/surgeon fees</td>
<td>10% co-insurance</td>
<td>20% co-insurance</td>
<td>50% co-insurance</td>
<td>Prior authorization required. See providencehealthplan.com/phs-employees.</td>
</tr>
<tr>
<td>If you need mental health, behavioral health, or substance abuse services</td>
<td>Outpatient services</td>
<td>Provider office visits: No charge All other services: 10% co-insurance</td>
<td>Provider office visits: No charge All other services: 25% co-insurance</td>
<td>50% co-insurance</td>
<td>Deductible does not apply to outpatient services in-network. Additional services available through the Employee Assistance Program. All services except provider office visits must be prior authorized. See your benefit summary for ABA services. See providencehealthplan.com/phs-employees.</td>
</tr>
<tr>
<td></td>
<td>Inpatient services</td>
<td>10% co-insurance</td>
<td>25% coinsurance</td>
<td>50% co-insurance</td>
<td></td>
</tr>
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<td>Common Medical Event</td>
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<td>-----------------------------------------------------</td>
<td>---------------------------------------------------------------------</td>
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<td>------------------------------------------------</td>
<td>--------------------------------------------------------</td>
</tr>
<tr>
<td><strong>If you are pregnant</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Deductible does not apply in-network.</td>
</tr>
<tr>
<td>Office visits</td>
<td>No charge</td>
<td>No charge</td>
<td>50% co-insurance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Childbirth/delivery professional services</td>
<td>No charge</td>
<td>No charge</td>
<td>50% co-insurance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Childbirth/delivery facility services</td>
<td>10% co-insurance</td>
<td>25% coinsurance</td>
<td>50% co-insurance</td>
<td></td>
<td>__<strong><strong><strong><strong><strong><strong><strong>none</strong></strong></strong></strong></strong></strong></strong></td>
</tr>
<tr>
<td><strong>If you need help recovering or have other special health needs</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Home health care</td>
<td>20% co-insurance</td>
<td>20% co-insurance</td>
<td>50% co-insurance</td>
<td></td>
<td>Limited to 130 visits per calendar year.</td>
</tr>
<tr>
<td>Rehabilitation services</td>
<td>Inpatient Services: 10% co-insurance Outpatient Services: 10% co-insurance</td>
<td>Inpatient Services: 25% co-insurance Outpatient Services: 20% co-insurance</td>
<td>50% co-insurance</td>
<td></td>
<td>Outpatient: coverage limited to 75 visits per calendar year. See providencehealthplan.com/phs-employees.</td>
</tr>
<tr>
<td>Habilitation services</td>
<td>Inpatient Services: 10% co-insurance Outpatient Services: 10% co-insurance</td>
<td>Inpatient Services: 25% co-insurance Outpatient Services: 20% co-insurance</td>
<td>50% co-insurance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Skilled nursing care</td>
<td>20% co-insurance</td>
<td>20% co-insurance</td>
<td>50% co-insurance</td>
<td></td>
<td>Prior authorization required.</td>
</tr>
<tr>
<td>Durable medical equipment</td>
<td>20% co-insurance</td>
<td>20% co-insurance</td>
<td>50% co-insurance</td>
<td></td>
<td>Certain diabetes supplies are covered in full in-network.</td>
</tr>
<tr>
<td>Hospice services</td>
<td>No charge</td>
<td>No charge</td>
<td>No charge</td>
<td></td>
<td>__<strong><strong><strong><strong><strong><strong><strong>none</strong></strong></strong></strong></strong></strong></strong></td>
</tr>
</tbody>
</table>

revised 6/01/2019, effective 8/01/2019
For more information about limitations and exceptions, see the plan or policy document at www.providencehealthplan.com/phs-employees.
### Common Medical Event

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<th>What You Will Pay</th>
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</thead>
<tbody>
<tr>
<td><strong>If your child needs dental or eye care</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Children’s eye exam</td>
<td>Not covered</td>
<td>Not covered</td>
</tr>
<tr>
<td>Children’s glasses</td>
<td>Not covered</td>
<td>Not covered</td>
</tr>
<tr>
<td>Children’s dental check-up</td>
<td>Not covered</td>
<td>Not covered</td>
</tr>
</tbody>
</table>

### Excluded Services & Other Covered Services:

**Services Your Plan Generally Does NOT Cover**

- Cosmetic surgery (with certain exceptions)
- Dental care (Adult)
- Dental check-up (Child)
- Eye exam and glasses (Child)
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care (covered for diabetics)
- Weight loss programs

**Other Covered Services** (Limitations may apply to these services. This isn’t a complete list. Please see your plan document.)

- Acupuncture (limits apply)
- Bariatric surgery (limits apply)
- Chiropractic care (limits apply)
- Hearing Aids (limits apply)
- Infertility treatment (limits apply)
Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or http://www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or http://www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Providence Health Plan at 1-800-878-4445. Additionally, if your plan is governed by ERISA, you may also contact the U.S. Department of Labor’s Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes
If you don’t have Minimum Essential Coverage for a month, you’ll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes
If your plan doesn’t meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

This Summary of Benefits and Coverage required by the Affordable Care Act summarizes the benefit options available to eligible employees as of January 1, 2019. The official plan document and summary plan description will provide more complete details regarding the terms of the Plan. If there is any conflict between the statements in this Summary and the official plan documents, the terms of the plan documents will govern all rights and obligations of participants, beneficiaries, plan fiduciaries and the Company. Providence Health & Services reserves the right to amend or terminate these benefits or change the cost of coverage, for any reason, at any time.

Benefits information described here will be relevant for the majority of Providence caregivers. Some caregivers covered by collective bargaining agreements may have differences. Providence will share relevant requested information with labor representatives and will work to ensure we comply with our contracts and our obligation to bargain in good faith.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.
About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The plan’s overall deductible: $1,150
- Specialist copayment: $20
- Hospital (facility) coinsurance: 25%
- Other coinsurance: 25%

This EXAMPLE event includes services like:
- Specialist office visits (prenatal care)
- Childbirth/Delivery Professional Services
- Childbirth/Delivery Facility Services
- Diagnostic tests (ultrasounds and blood work)
- Specialist visit (anesthesia)

**Total Example Cost**: $12,800

- **Deductibles**: $850
- **Copayments**: $0
- **Coinsurance**: $2,450

**What isn’t covered**
- Limits or exclusions: $60

**The total Peg would pay is**: $3,360

### Managing Joe’s type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The plan’s overall deductible: $1,150
- Specialist copayment: $20
- Hospital (facility) coinsurance: 25%
- Other coinsurance: 25%

This EXAMPLE event includes services like:
- Primary care physician office visits (including disease education)
- Diagnostic tests (blood work)
- Prescription drugs
- Durable medical equipment (glucose meter)

**Total Example Cost**: $7,400

- **Deductibles**: $1,150
- **Copayments**: $510
- **Coinsurance**: $1,100

**What isn’t covered**
- Limits or exclusions: $60

**The total Joe would pay is**: $2,820

### Mia’s Simple Fracture
(in-network emergency room visit and follow up care)

- The plan’s overall deductible: $1,150
- Specialist copayment: $20
- Hospital (facility) coinsurance: 25%
- Other coinsurance: 25%

This EXAMPLE event includes services like:
- Emergency room care (including medical supplies)
- Diagnostic test (x-ray)
- Durable medical equipment (crutches)
- Rehabilitation services (physical therapy)

**Total Example Cost**: $1,960

- **Deductibles**: $1,150
- **Copayments**: $60
- **Coinsurance**: $360

**What isn’t covered**
- Limits or exclusions: $60

**The total Mia would pay is**: $1,570

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The plan would be responsible for the other costs of these EXAMPLE covered services.
Non-Discrimination Statement:
Providence Health Plan complies with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Providence Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Providence Health Plan:
• Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  o Qualified sign language interpreters
  o Written information in other formats (large print, audio, accessible electronic formats, other formats)
• Provides free language services to people whose primary language is not English, such as:
  o Qualified interpreters
  o Information written in other languages

If you are a Medicare member who needs these services, call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. Hearing impaired members may call our TTY line at 711.

If you believe that Providence Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Non-discrimination Coordinator by mail:

Providence Health Plan
Attn: Non-discrimination Coordinator
PO Box 4158
Portland, OR 97208-4158

If you need help filing a grievance, and you are a Medicare member call 503-574-8000 or 1-800-603-2340. All other members can call 503-574-7500 or 1-800-878-4445. (TTY line at 711) for assistance. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue SW - Room 509F HHH Building
Washington, DC 20201
1-800-368-1019, 1-800-537-7697 (TTY)

Language Access Services:
ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-878-4445 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-878-4445 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-878-4445 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-878-4445 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-878-4445 (телетайп: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-878-4445 (TTY: 711) 번으로 전화해 주십시오.

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-878-4445 (телетайп: 711).

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-878-4445 (TTY: 711) まで、お電話にてご連絡ください。

ملحوظة: إذا كنت تتحدث اللغة، فإن خدمات المساعدة اللغوية تتوفر لك بالمجانية. اتصل برقم 4445-878-800-1 (رقم هاتف الصم والبكم: (TTY: 711).

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-800-878-4445 (TTY: 711).

XIIYYEFFANNA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-878-4445 (TTY: 711).


ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-878-4445 (ATS : 711).

참고: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-878-4445 (TTY: 711) 번으로.