



# The ChooseHealthy<sup>®</sup> Affinity Program

Providence Health Plan is pleased that members have access to the ChooseHealthy Affinity Program.

## With the ChooseHealthy Program, you can:

- Get discounted prices on services from nearly 59,000+ contracted chiropractors, acupuncturists, massage therapists, registered dietitians, physical/occupational therapists and podiatrists.
- Access the Active&Fit Direct™ program, which allows you to choose from 9,000+ fitness centers nationwide for \$25 a month (plus a \$25 enrollment fee and applicable taxes; 3-month commitment required). Some fitness centers offer free guest passes as well.
- Browse a broad choice of health and wellness products.
- Visit the online health library to learn how to live healthy.



To learn more or to access these services, go to  
[www.choosehealthy.com/providence](http://www.choosehealthy.com/providence).

Or you can call 877.335.2746,  
Monday – Friday,  
5 a.m. – 6 p.m. Pacific Time.

***Please note that this program is not insurance.***  
*You should check any insurance benefits you have before using this discount program, as those benefits may result in lower costs to you than using this discount program. The discount program provides for discount specialty health care services from participating practitioners. You are obligated to pay for all health care services but will receive a discount from those health care practitioners who have contracted with the discount program.*

*The discount program does not make payments directly to the participating practitioners in the discount program. The discount program has no liability for providing or guaranteeing services and assumes no liability for the quality of services rendered.*

*ChooseHealthy is a product of Choose Healthy, Inc., and Active&Fit Direct is a product of American Specialty Health Fitness, Inc., both subsidiaries of American Specialty Health Incorporated (ASH).*