BEHAVIORAL HEALTH RESOURCES

Live and Work Well

As part of your benefit package, Live and Work Well provides private, 24/7 online resources to help you and your family cope with behavioral health concerns, life challenges or a crisis. This resource provides on-demand access to behavioral health professionals, self-help tools and educational resources. Your privacy is important to us and a personal login is required for secure tools. Your organization is NOT notified if you or your family utilize the Live and Work Well website.

In addition to this site, you can also connect with a highly trained representative 24/7, obtain benefit information or find a provider by calling 800-711-4577.

STEP 1: Log into your myProvidence account. You can access the page at: www.myProvidence.com.

If you do not have a MyProvidence account, you will need to select “Create an Account” and complete a short registration process. Have questions or need assistance registering for or accessing an existing account? Contact myProvidence customer service at 877-569-7768.

STEP 2: In the left-hand navigation…open the Benefits & Coverage tab and click, “Benefit Information.”
STEP 3: Under the BENEFIT INFORMATION section...look for "Behavioral Health Benefits" and click, “GO NOW”.

STEP 4: This will direct you to the Live and Work Well website where you can find detailed resources under the Personal Life, Mind & Body, Crisis Support, Find a Resource and Benefits & Claims banner.