Explore the Oregon Health Plan
The Oregon Health Plan (OHP) is a great way for you and your family to get the health care you need. Signing up for this new health coverage is a little different than other plans you’ve had. Providence can help ease your way into OHP so you get the most out of your benefits.

**What is the Oregon Health Plan?**

The Oregon Health Plan provides qualifying Oregonians access to free health care. OHP is free health care for people who meet income and other requirements. OHP covers medical care, dental care, and mental health care. Most Oregon Health Plan members get their health care from local coordinated care organizations (CCOs).

**How to enroll in Oregon Health Plan**

You can enroll in OHP any time of the year.

- **Apply online at**: OHP.Oregon.gov or call **1-800-699-9075**.
  - Your income will determine if you are eligible for OHP.
  - If you’re not sure you qualify, go to one.Oregon.gov. Just answer a few quick and easy screening questions.

- Once enrolled, you’ll be connected to a CCO. This can take 1–2 weeks.
  - In Oregon, some areas have more than one CCO. In those places, you can choose your own CCO. (See the map)
In Oregon, there are 15 coordinated care organizations (CCOs). Some counties may have more than one CCO.

*In these counties, Health Share is the CCO for all OHP members. Members have many health plan choices, including Providence Health Assurance.
What is a CCO?

A CCO is a network of different health care providers who work together in their local communities. Think of a CCO as your partner, helping you get the proper care and treatment.

What will my CCO do for me?

☑️ Your CCO will provide your benefits and handle your claims. For more information on what the CCO in your area covers, visit their website.

☑️ Your CCO will send you a welcome letter and ID card. If you need care before you have a CCO, you can contact any provider that takes OHP.

What’s my next step?

☑️ Pick a provider. Your CCO will help you pick a Primary Care Physician from a list of their network of providers.

+ This is an important step — someone you will see for regular visits, prescriptions, and general care.

+ Don’t forget to choose a dentist and a mental health provider too.

☑️ Prepare for your first appointment

+ Have your OHP number ready
+ Make a list of questions
+ Gather your family health history
+ Make your appointment

When to contact your CCO

☑️ Contact your CCO for:

+ Help with making an appointment
+ Finding a provider (doctor, dentist)
+ Changing a provider
+ Questions about your benefits
+ A copy of your CCO handbook
We all deserve True Health

ProvidenceHealthAssurance.com/ohp

Have more questions about OHP?
Learn more and apply at OHP.Oregon.gov
or contact OHP Customer Service at 1-800-699-9075 toll-free (TTY: 711)

Providence Health Assurance complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.


Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-898-8174 (телетайп: 711).

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